

Philosophy

Smithsonian Soccer Academy was founded to give players in Tidewater an opportunity to train in the same way youth academy teams would be trained in continental Europe. We use the Dutch KNVB or Ajax training system which utilizes small sided games in a station training format. We believe that players develop in a game like environment, with multiple finishing opportunities. In this environment, players develop a passion for playing the great game of soccer. Players must be free to experiment in a non-restrictive environment which emphasizes individual player development over team success. Our program is dedicated to training players from multiple clubs in an open and encouraging environment where mistakes are not criticized, but actually encouraged. We encourage players to play on their edge and positively encourage players to experiment and make mistakes when they are learning new techniques. Players develop when they experience pragmatic training sessions which expose them to pressures they will face in game situations. Individualized attention is guaranteed by maintaining a player to coach ratio of 12 to 1. Our only goal is to make every participant a better player with greater technical skills, improved tactical understanding, and improved fitness capabilities. Through persistent training over years, we will develop the best players in Tidewater in an encouraging and demanding soccer training environment.



Training Staff

You will be trained by very experienced coaches. These coaches all have different perspectives on how to approach training and will share with you their international, intercollegiate, and professional playing experiences.

Kevin Smith: 24 years of club, ODP, and high school coaching experience. Dutch (KNVB) National Youth Diploma, NSCAA Advanced National Diploma, NSCAA National Diploma, and NSCAA National Youth License.

Kevin Carmichael: Former Chowan College player, extensive club coaching experience, ODP coach, and USSF licensed.



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soccer  academy

www.smithsoniansoccer.com

For further information, Call
Kevin Smith at 757-577-2351

Winter Training Program

*Serious Training for
Committed Soccer Players*



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January 7 - February 26, 2017

www.smithsoniansoccer.com

The Smithsonian Soccer Academy Winter Training Program is designed to train dedicated soccer players and prepare them for their Spring soccer seasons. It is the only training program in the region that concentrates on improving a player's insight and game action speed by developing the brain's ability to process information. This Cognitive Soccer training methodology prepares our participants to make decisions faster, play quicker, technically execute more precisely, and become much more effective players on the field! Great soccer players must be trained all year and our program will ensure that players are physically, psychologically, technically, and tactically prepared to excel when they begin their club training, ODP, or high school seasons.



Winter Program 2017

Our Winter Training Program is the most extensive and demanding training available. The training will last eight weeks and include 30 intense 90 minute sessions with an additional 8 game play sessions. The program will emphasize the physical (speed, agility, plyometrics), technical (attacking elements of the game), and tactical (movement, support, and penetration) components of the game. Goalkeeper training will be offered and teams will be trained together. If you want to take your game to the next level, this training is designed to get you there. **As a matter of fact, our Winter Training Program is the only formal soccer training you will need this Winter.**

AGE GROUPS:

Committed 6-18 year old soccer players, who will be split into groups according to age and technical/tactical ability.

TRAINING SCHEDULE:

DAY:	TIME:	LOCATION:
Tuesday	6:00 - 7:30 (12 & under)	Norfolk Collegiate Turf Fields
	7:30 - 9:00 (13 & older)	
Thursday	6:00 - 7:30 (12 & under)	Norfolk Collegiate Turf Fields
	7:30 - 9:00 (13 & older)	
Saturday	9:00 - 10:30 AM	Virginia Beach Brill Fields
Saturday	12:00 - 1:30 PM	Chesapeake Butts Road Primary School 1000 Mt Pleasant Rd
Sunday	3:30 - 5:00 PM	Norfolk Collegiate Turf Fields

COST OF THE PROGRAM:

\$190 for as many as 38 sessions (T-shirt included).

Training begins January 7 and concludes on February 26, 2017.

Participants can attend 30 regular training sessions with an additional 8 game play sessions at locations in Virginia Beach, Norfolk and Chesapeake.

Registration

We expect our program to fill up quickly. Please return this registration form with payment as soon as possible, to ensure access to this exciting training opportunity.

Player Name (s): _____

Age: _____ Shirt Size: _____

Street Address: _____

City _____ Zip Code _____

Phone Number: _____

E-Mail Address: _____

☐ **Smithsonian Winter Program -**

As many as 32 Outdoor

90 minute sessions

Program Cost \$190

Number of Players x _____

Total = _____

**Make checks payable to
Smithsonian Soccer and mail to
1113 Kingsbury Drive, Chesapeake, VA 23322**